

Channing Channel

Channing Unitarian Universalist Church 405-340-1213

President's Corner

Greetings all. As is the custom, the reigning President is tasked, among other things, with providing thoughts and comments for the Channing Channel. This will be my first and hopefully gives some of my feelings about Channing.

I am deeply honored to serve as your President. I also wish to extend a special thanks to a dear lady who has been a joy, and a curse, to me during my time at Channing. Melody, I thank you! The curse claim is not meant in a demeaning manner. For a person who is largely introverted anyone that aids their movement into more action is seen (at least temporarily) as a curse. Usually that curse becomes a blessing, as Melody has done many times.

Just a bit over ten years ago, I came to Channing seeking help. Frightened on many levels, I had difficulty identifying what my needs were; not because I did not know, but rather from long socialization which prevented me from sharing the troubles. It was through Channing, with the help of Anna and Donna, that I received the help I needed. Some still with Channing may recall the shape I and my wife, Sue, were in when we started. From that first contact our healing began.

I found a church home at Channing. One that I learned was supportive, nurturing and a spiritual family. I have also watched the Channing family go through difficult times, and happy times and wondered why I had not previously experienced this in my life. All the events, all the feelings, make the family.

President: Dana Spears
President-elect: Kathleen Joslin
Secretary: Linda Gray
Treasurer: Liz Duncan
Trustees: Lucy Almitra, Val Zemke, Katherine Williams; Pam Dizikes
Newsletter Editor: Kathleen Joslin

From the reserved and largely frightened individual who came to Channing in the 90's, I am now your President. I have opened into a new person through the nurturing of the Channing family. I have taken more responsibility for not only my own actions but also for the support of the Channing family. I have been pushed to do more than I thought I could, always fearing failure, but always achieving.

Previous Presidents have served the family with great effect; Pat has been wonderful and I wish to thank her for her support during her tenure as President. All of the Presidents have been equally great. It is my hope that I can also be remembered as a person who stepped up, donned the mantle of President and served well. Time will be the judge.

This next year will be a time of additional healing, and additional growth for the Channing family. In that healing and growth all the members are important; little can be accomplished by single individuals. So as I take the stage of being your President, I look to each of you to help Channing become even better than it has been. To be a place of welcome, healing and nurturing that provides, to all who seek our aid, the support they need.

Dana Spears, President

Supplies for the Church

If you notice we are running low or are out of something (bathroom tissue, facial tissue, liquid soap, etc.) please let Liz Duncan know so that she can replenish our supply. You can also purchase it yourself and give the receipt to Liz for reimbursement, or make a donation of it to Channing.

Thank you!

Goodies List

July 4th: Potluck
 July 11th: Pat Hervey
 July 18th: Open
 July 25th: Open

Clearly we have a problem here! As you know from last month's newsletter Jana Leslie has resigned as the person who organizes members and friends to bring the goodies for Sunday. She did this job for well over ten years and is ready for something different. We need someone to volunteer for this position. Jana is willing to show the volunteer her system. Please contact me if you are willing to serve in this capacity.

Dana Spears
 President

"Left Behind Items"

Sometimes someone leaves behind a possession when visiting Channing. Please respect the property of others. Do not try to give it a good home with you. In the case of food, refrigerate it if appropriate. Other found items should be placed in the Lost and Found box, under the table in the foyer. If you have lost something, that's the place to look for it. After a reasonable length of time, unclaimed items will be donated to an appropriate charitable organization.

JULY BIRTHDAYS

Kiki Tonemah	July 5 th
Sharon Huey	July 8 th
Val Zemke	July 9 th
Judy Browning	July 10 th
Jaia Woodland	July 12 th
Tom Boehme	July 18 th
Gail Boehme	July 21 st
MaryLee Welch	July 21 st
Melody Joyce	July 22 nd
Gene Douglas	July 23 rd
Carl Sawyer	July 23 rd

"There are no extra pieces in the universe. Everyone is here because he or she has a place to fill, and every piece must fit itself in to the big jigsaw puzzle."

Deepak Chopra

Groups

Channing Women's Luncheon: Will meet on Tuesday, July 13, 2010 at 11:30 AM at Cool Greens, 14291 N. May. It is North of Memorial. All are welcome! Please contact Lucy Almitra at lalmitra@cox.net.

Stitchers: Will meet Saturday, July 10th, 2010 at 2:00 PM at the home of Pat Hervey. Contact Kathleen Joslin at 826-4337 for information.

Choir: Is taking a summer break, will resume practice in August.

Channing Writers Group: Will meet July 18th, 2010, 12:15 PM to 1:15 PM in the Forum room. Everyone is welcome.

Labyrinth Walk: The indoor walk at the First Methodist Church at 305 E. Hurd in Edmond, is the third Monday, July 19th, 6:00 PM-8:00 PM. No experience is needed to enjoy this ancient form of walking meditation. Docents are always there to explain and help you get started. There will be no outdoor walk in July.

Spiral Circle Cuups: Will meet Sunday, August 1st, 2010 at 6:00 PM to celebrate Lammas.

Literary Group: Will meet Tuesday, July 27th, 2010 at Pat Hervey's home to discuss any book by Judith Martin (Miss Manners).

Garden Group: Plants and maintains the garden. Everyone is welcome to come out and help. For more information, contact Angela Brown at 206-7852.

Please check the calendar at our website, www.channinguuc.org for up to the date information on church events. This is an active calendar; events are added to it frequently. You are welcome to join any group.

Community Action

CROP Walk planning continues on Tuesday, July 20th, 2010 at Southern Hills Christian, just North of 33rd and Boulevard, at 7:00 PM. The Orientation and Kick-off Pizza Party will be Sunday, August 22nd, 2010 at 6:00 PM at Channing UU Church. Please contact Angie Brown if you have questions or if you can help address invitations to the pizza party.

Many thanks! To all of you who contributed so generously to the El Salvador trip. Whether it was your money, or school supplies or medications or your good wishes, all of it was needed and appreciated. Thank you to all. I'll be back July 11th to tell you all about it!

Harriette Porter

HOPE CENTER

Please remember to bring your canned and other staple items for the Basket of Hope in the foyer. They always need meat and protein items and baby items are also much needed. Household products, such as bathroom tissue, cleaning products, and personal care items are also appreciated. Elouise Bell is our delivering angel. Thank you Elouise!

MOVIE NIGHT

The first Friday night movie will be July 2nd, 2010 at 7:30 PM at the church. We will watch "Religulous" Remember it is BYOB and snacks.

July Sermon Topic-Reverance

July 4th: Anna Holloway

Sermon Title: The Star-spangled Banner:
How it got that way and what we've done
to it since.

The national anthem gave our flag its
nickname, and since the day in 1814 when
Key wrote that first verse, we have
"reverenced" our flag and our anthem into
icons of a rather different sort. We have
forgotten much of what motivated Key and
other Americans of his period. Revisit the
source of this Fourth of July Sunday, and
return to the roots of the anthem and the
flag.

July 11th: Donna Compton

Sermon Title: Scarce Reverance
By definition, the opposite of reverence is
contempt. We seem to be seeing a lot
more contempt than reverence these days.
What do we honor, esteem, and revere?
What kinds of contempt or reverence
inhabit our culture, even our daily
headlines? It really matters. Let's talk
about why.

July 18th: James White

Sermon Title: Life is Good
I want to talk about the process of growth
in our lives and how adversity can be good.

July 25th: Dave Pasto

Sermon Title: From Father God to Mother
Nature
I will discuss my spiritual journey from
revering a personal God, to revering nature
and natural forces.

Worship Themes

Each month our worship services are built
around a specific theme. It is intended that
this will give us a sense of continuity as we
meet with various speakers using the same
theme. Even our music is centered on this
theme.

If you would like to suggest a theme for the
next year, please contact me, Pat Hervey,
as I begin working on plans for 2011. I'm
considering "Prayer and Spiritual Practice,"
"Commitment", "Courage". What would
you like to have us think about, to hear our
speakers discuss with us?

And if you would be willing to be one of our
speakers when we have an open Sunday,
please let me know that also. We have a
short list of lay speakers who volunteer to
speak occasionally, and their services are of
great help to the church.



Channing UU Church

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Edmond, OK

Phone:

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**Church of the Open Mind
And Open Heart**

CARE AND CONCERN

MaryLee Welch has completed chemotherapy for the moment and is on a trip to the Idaho/Oregon area. She will have further evaluation when she returns.

Lucy Almitra is plagued with sciatica and is currently receiving treatment. This has significantly interfered with her summer plans.

Lois Taylor has had her cast removed and is now living at Touchmark with her husband George.

We're on the Web!

Visit us at:

www.channinguuc.org

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